



**HERE ARE SOME WAYS  
NJ LABOR LAWS PROTECT YOU**

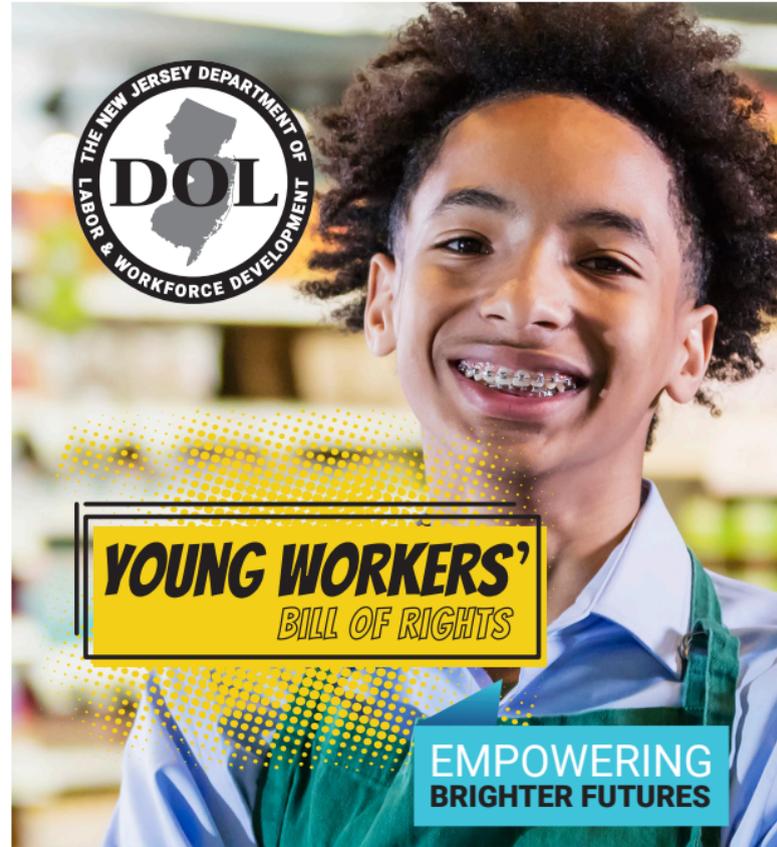


**GET PAID, NO EXCEPTIONS**  
Every hour you work means \$\$\$ in your pocket, including any tips you get. You must be paid at least minimum wage (in certain jobs) and always on time. Plus, you're entitled to a pay stub showing any deductions taken from your paycheck.



**OR VISIT  
NJ.GOV/LABOR/YOUNGWORKERS**

MW-155 (3/25)



**YOUNG WORKERS'**  
*BILL OF RIGHTS*

**EMPOWERING  
BRIGHTER FUTURES**

**NJ.GOV/LABOR/YOUNGWORKERS**



***CONGRATS ON LANDING THAT JOB!***

Now you need to get your working papers – and make sure you know what your rights are as a minor working in New Jersey.

Your job can't take advantage of you just because you're under 18, no matter what your boss or coworkers say.

All workers in New Jersey have rights, and kids have special protections to keep them safe.



### **SAFETY MATTERS**

No sketchy machines, no dangerous tasks. You have the right to a safe, discrimination-free workplace. And you can earn paid sick time so you don't have to spread your germs at work.



### **BREAK TIME IS YOUR TIME**

Work 6+ hours? You legally get a 30-minute meal break, uninterrupted. No boss can make you power through on an empty stomach.



### **SCHOOL COMES FIRST**

If you're under 16, your job can't assign you hours during the school day. And to make sure you have time to study, rest, and – of course – play, there are limits on how many hours you can work when school is in session.



### **BE CONFIDENT SPEAKING UP**

If your boss is doing you dirty (not paying you properly, breaking labor laws), report it to NJDOL's Division of Wage and Hour Compliance. You have rights, and no one can take them away.

Learn more at [nj.gov/labor/youngworkers](https://nj.gov/labor/youngworkers)